

PACKING LIST

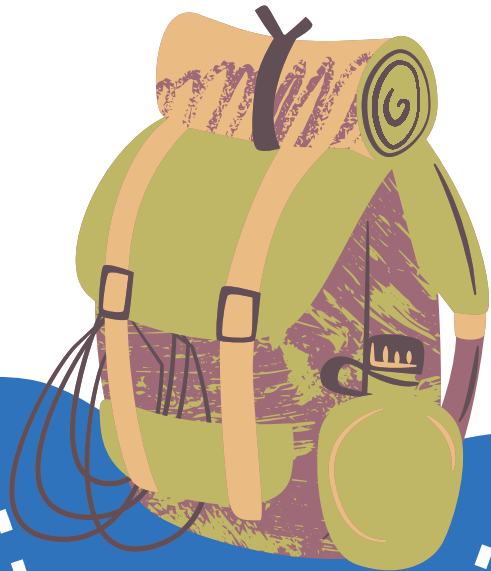
Hermanus Camino



Luggage to be compact and weigh no more than 15kg. If you are needing extra bags for pre/onward travel, we will gladly keep these for you for the duration of your journey.

ESSENTIALS

- ☐ Trail or running shoes
- ☐ Hat & sunglasses
- ☐ Sunscreen
- ☐ Socks – anti-blister ones – 6 pairs
- ☐ Swimming costumes
- ☐ 15-25 litre day backpack
- ☐ 2 Water bottles or a hydration bladder – minimum capacity of 1.5lt
- ☐ Personal toiletries including Vaseline and lip balm



NICE TO HAVES

- ☐ Micro-fibre towel
- ☐ Headlight torch
- ☐ Portable phone charger
- ☐ usb-c/type C > usb adapter as Glen Oakes only has USB points
- ☐ Walking stick - 1 is fine –we do sell local ones for R300 at the start

CLOTHING

- ☐ Quick-dry shirts & pants
- ☐ Warm layers
- ☐ Rain gear (poncho or raincoat)
- ☐ Comfy shoes
- ☐ Extra socks & underwear

There are no laundry facilities